

LUNCH

All items below (except Nachos) served with french fries, ceasar or garden salad.
To substitute greek, spinach or sweet potato fries please ADD \$2.

SANDWICHES & WRAPS

- Cold Smoked Salmon Sandwich - cream cheese, dill, cucumber on rye w/ garden salad \$12.49
- Curried Pork Burger - mango chutney and cucumber on kaiser with fries \$10.99
- Reuben Sandwich - smoked meat, swiss and sauerkraut on rye with fries \$12.99
- 6oz Tenderloin Steak Sandwich - sauteed mushrooms and onions on ciabatta w/ fries \$12.99
- Grilled Chicken Press Sandwich - mozzarella, pesto, sun-dried tomato with fries \$11.99
- The Cove Burger - with lettuce, tomato, red onion, mustard, relish with fries \$10.99
- Hot Turkey Sandwich - fresh roasted, cranberry, house gravy w/ fries or mashed \$10.99
- Chicken Quesadilla - cheddar, onion, banana peppers, salsa, sour cream w/ garden salad \$12.99
- Chicken Wrap - lettuce, tomato, cheddar and tzatziki with garden salad \$11.99
- House Made Quiche - ask for our daily feature with garden salad and roll \$9.99
- Deli Sandwiches - fresh roasted turkey, roast beef, ham, egg salad or BLT \$6.99
*on whole wheat, rye or white bread ADD fries, soup or garden salad \$3
- Vegetarian Wrap - mixed roasted vegetables and feta with garden salad \$11.99
- Heart Smart Wrap - fresh roasted turkey, feta, tomato, red onion with garden salad \$11.99

PUB FARE

- Seafood Platter - battered haddock, breaded shrimp, scallops, slaw with fries \$13.99
- Chicken Wings - [chipotle, mild, hot, honey garlic] w/ fries and vegetable sticks \$10.99
- The Cove Nachos - mozzarella, cheddar, banana peppers, onion, salsa, sour cream \$11.99
- Growly Basket - chicken tenders, onion rings, mozzarella sticks with fries \$10.99
- The Cove Fish & Chips - battered haddock fillet, tartar, coleslaw with fries \$13.49
- Chicken Fingers - chicken tenders with fries \$10.99
- Mozzarella Sticks - served with marinara sauce \$7.99
- Sweet Potato Fries with house made mayo \$6.99
- The Cove Poutine - mozzarella and house made gravy \$6.99
- Basket of Fries or Onion Rings or Combinations \$4.99
- Basket of Zucchini Sticks or Mushroom Caps or Combinations \$6.99

KIDS & THE YOUNG AT HEART

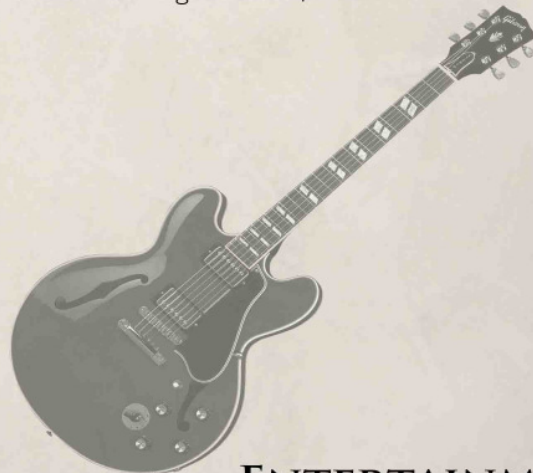
- Ham & Mashed Potatoes \$6.49
- Junior Fish & Chips - haddock and fries \$8.49
- Junior Growly Basket - chicken tender, mozzarella sticks, onion rings with fries \$7.49
- Junior Chicken Fingers - chicken tenders with fries \$6.99
- Pasta Bowl - house tomato or alfredo sauce and garlic toast \$5.99
- Grilled Cheese - with fries \$5.99

SIDES

- *Grilled Chicken Breast \$3
- Sauteed Mushrooms \$3
- Guacamole \$2
- Bacon \$1
- Cheddar \$1
- Gravy \$1

WEEKLY SPECIALS

- Seafood Fridays
- Roast Beef Buffet Saturdays
- 10oz Prime Rib Sundays



ENTERTAINMENT

Ask about the popular **Blues-on-the-Rideau** Series (Canada's Best Acts)
Don't miss our famous **Jazz Night Thursdays** with the Spencer Evans Trio
...and many other music filled nights!

Over →